

Weight-Loss Surgery Proving Effective at Reducing Type 2 Diabetes



Recently, a large scale study has been concluded in the United Kingdom which has reported their findings that people who underwent weight-loss surgery see a huge reduction in type 2 diabetes and other weight related health problems.

According to the National Bariatric Surgery Registry, type 2 diabetes fell by more than 50 percent on average with patients that lost almost 60 percent of the additional weight approximately a year after having surgery. This study was conducted with 1,421 patients.

The study summarized that weight loss surgery is a real bargain compared to the medical costs of treating obesity related health issues, such as diabetes, high blood pressure, hypertension, heart disease, stroke and cancer.

Most bariatric surgeons, included in the study, have argued that these procedures should be made more available from medical insurances. "Limiting treatment to only a small fraction of those who could benefit from weight-loss surgery will put an unsustainable burden on the health care system."

The [vertical sleeve gastrectomy](#) helps patients lose close to 2-4 pounds a week of excess weight. This new form of surgery, for the vertical sleeve gastrectomy, incorporates two minimally invasive procedures; both laproscopic surgery and natural orifice endoscopic surgery. The benefit being that both procedures are used to reduce scarring and increase recovery with fewer complications.

